

SERVICES ARE COMPLETELY VOLUNTARY

SERVICES OFFERED:

- Crisis Intervention
- Assessments
- Counseling
- Case Management

SERVICES OFFERED BY:

Catholic Charities Regional Agency

330.744.3320

D&E Counseling Center

330.793.2487

Family Service Agency

330.782.5664

PsyCare

330.759.2310

Turning Point

330.744.2991

IF YOU NEED A SAFE PLACE TO STAY CALL:

EMERGENCY SHELTER

RESCUE MISSION

330.744.5486

Emergency shelter for men, women and children, 18 years of age and older. Minor children must be accompanied by parent or legal guardian.

SOJOURNER HOUSE

330.747.4040 or 1.866.436.6269

Is a safe, confidential shelter for victims of domestic violence and their children.

LONG TERM HOUSING

BARBARA M. WICK TRANSITIONAL HOUSE

330.746.6361

Transitional housing for women with or without children.

BEATITUDE HOUSE

330.746.6622

Transitional housing for disadvantaged women and children.

Break the silence! Tell someone you can trust.
Remember domestic violence is against the law.
You are **not** responsible for your partner's behaviors.
You can **change** yourself, not your partner.
You do **not** deserve abusive treatment.

DEVELOPED AND
DISTRIBUTED BY:

The Partners of the United Way of Youngstown and the
Mahoning Valley Caring for People in Crisis Vision Council:

Akron Children's Hospital—Child Advocacy Center

Burdman Group

Catholic Charities

Community Legal Aid

Emmanuel Community Care Center

Help Hotline Crisis Center Inc.

Humility of Mary Health Partners

Neighborhood Ministries

Protestant Family Services

Rescue Mission of Mahoning Valley

Salvation Army

Second Harvest Foodbank

United Way of Youngstown and the Mahoning Valley

Youngstown State University

YOUR CHILD DOESN'T HAVE
TO BE HIT TO BE HURT.

CHILDREN WHO WITNESS DOMESTIC VIOLENCE

When the one who loves you,
HURTS YOU,
It can also hurt your children.

You have the RIGHT to be
safe in your own home.

FOR MORE INFORMATION OR
SERVICES CALL

HELP HOTLINE
CRISIS CENTER INC.

2-1-1 OR

330.747.2696

WHAT is Domestic Violence?

Domestic violence is between adults who are partners, regardless of marital status, living arrangements or sexual orientation.

Domestic violence includes physical/verbal/emotional/or sexual abuse, intimidation, threats and economic control.

HAS YOUR PARTNER EVER...

- Slapped, kicked or shoved you?
- Destroyed personal property?
- Stopped you from leaving?
- Threatened you with a weapon?
- Tried to control how you live and behave?
- Tried to keep you from family and friends?
- Frequently criticized you, called you derogatory names, or made you feel "badly" about yourself?

WHO is affected by Domestic Violence?

Victims of domestic violence come from all walks of life, all cultures, all income groups, all ages and all religions. Very few will tell anyone, not even a friend, relative, neighbor or the police.

HOW does Domestic Violence affect my children?

Children who witness domestic violence will forever carry the memories of growing up in an abusive home.

Your Child Doesn't Have to be Hit to be Hurt

CHILDREN WHO SEE OR HEAR DOMESTIC VIOLENCE OFTEN:

- Feel fearful, depressed and/or anxious,
- Feel powerless to stop violence,
- Feel isolated and withdrawn,
- Blame themselves for the abuse,
- Take on parental roles,
- Have poor impulse control,
- Are at risk for drug & alcohol abuse,
- Are at risk for running away to escape.

Children who witness domestic violence can themselves later in life become the victim or the offender.

During an abusive incident, they may be accidentally or directly injured trying to protect the victim.

BABIES exposed to violence may be very restless, cry more, or have trouble sleeping.

YOUNG CHILDREN may have difficulty talking about the fear they are feeling. They may complain about stomach aches, or be more afraid to go to bed than usual. Bed-wetting and thumb sucking may increase. They may become frightened during even minor family conflicts, or may try to get between parents to keep them from fighting.

OLDER CHILDREN find it hard to concentrate in school, so their grades may drop. Fights in school may increase, as well as conflicts with teachers and other authority figures.

WHAT can you do about Domestic Violence?

Decide to do something for your child's safety and your own.

Learn your rights, learn your options

You have the right to live a life free from violence and threats.

Your options include: calling the police or sheriff, leaving the scene, getting medical attention, getting legal advice, seeking safe, confidential shelter and/or preparing a safety plan.